


Stephanie Vidoli

Foundations

What do you do when the foundation crumbles? When everything you've known to be so suddenly isn't any more? When you grab at pieces of belief based in something someone told you, clinging to reason and rationality because without it you don't seem to remember who you are and what you're doing here???

The short answer is that you do nothing. Absolutely nothing but allow yourself to sit. Sit and allow the fiercely uncomfortable feeling of the foundation to crumbling to happen. And then, you start to rebuild.

Sometimes - oftentimes - it takes that complete breakdown to have the opportunity to remember. In the crumbling of our outdated belief systems and illusions of who we are and what we do in the situations of our lives to...let a little light in.

And once we open our eyes beyond the rubble - we can begin to rebuild. Stacking brick by freshly laid brick  a foundation that aligns with the absolute love that our heart knows to be true.

When my foundation crumbled, there I stood - a single mama of two incredible beings with the opportunity to build the most amazing castle I could imagine. And I'll tell you - I've got one hell of an imagination. I am building it - this heart centered empire - because I can. I am building it because I want to teach my children that they can too. I am building it because I believe all of us can.

On Monday June 1st at 1pm PST, my team is opening up our team call. This team is kind of like the contractor I hired to help build the foundation of my castle. If what I am doing with water and entrepreneurship interests you, I'd like to invite you in on this exciting, exclusive opportunity. It's like a FREE webinar where you can learn about water, business, and creating a lifestyle that may just align with what you desire for yourself and your family.

Interested? Send me a message or comment below and I'll send you the info.